



TRAVEL CHECKLIST

FOR

ITALY



ITALY TRAVEL CHECKLIST



DOCUMENTS & ESSENTIALS

- Passport (valid 6+ months)
- Travel insurance
- Accommodation confirmations
- Flight itinerary
- EHIC card / Health insurance
- International driving licence
- Emergency contacts
- Copies of passport



CLOTHES & PACKING

- Light, breathable clothes
- Modest cover-up for churches
- Comfortable walking shoes
- Sun hat & sunglasses
- Small day backpack
- Light rain jacket
- Plug adapter (Type F/L)
- Portable charger



HEALTH & TOILETRIES

- Prescription medications
- Sunscreen (high SPF)
- Blister plasters
- Insect repellent
- Hand sanitiser / Wet wipes
- Antihistamines
- Reusable water bottle



MONEY & BUDGETING

- €50–100 in cash (euros)
- Travel credit card
- Notify bank before travel
- Budget for attractions
- Coperto charge (1.50–3.50€)
- Coins for public toilets



TRANSPORT & GETTING AROUND

- Trenitalia / Italo app
- Validate regional train tickets
- Google Maps offline
- Multi-day transport pass (Venice)
- Research ZTL zones if driving
- Rental car booking (if needed)



FOOD & DINING

- Eat away from tourist spots
- Gelato from a gelateria
- Cappuccino before 11am
- Ask for tap water (free)
- Visit local markets
- Try regional specialties



MUST-SEE SIGHTS

- Colosseum & Roman Forum
- Vatican Museums
- Borghese Gallery
- Uffizi Gallery
- Last Supper (Milan)
- Pompeii
- Cinque Terre
- Trevi Fountain at night



CULTURE TIPS

- Dress respectfully for churches
- Learn basic Italian phrases
- Respect riposo (1pm–4pm)
- Tipping is appreciated, not expected
- Watch your belongings

♥ BUON VIAGGIO!